



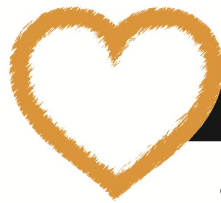
*Club Sierra Sports
& Fitness Center*



130 West Berryhill Dr.
Grass Valley, CA. 95945
(530) 477-8800



Heart Month Spin-A-Thon



HEART of GOLD



Sierra Nevada Memorial Hospital Foundation

February 11th

12:00pm to 3:00pm

at Club Sierra

130 West Berryhill Dr, Grass Valley

♥ \$20 donation to SNMH Foundation's Heart of Gold campaign

www.SupportSierraNevada.org

♥ 30 minute instructor lead spin class

♥ Non Club Sierra members are welcome

♥ Call (530) 477-8800 to register and for more information